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### **8 Habits Of Love Open**

It's states the 8 things important to leading a successful life. They are the habits of generosity, stillness, truth, candor, play, forgiveness, compassion, and community. Each area is explained fully and also cites examples to go along with the authors belief. Of course, there's more to leading a happy life than the 8 mentioned.

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## **8 Habits of Love: Open Your Heart, Open Your Mind by Ed Bacon**

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Readers will learn how insecurity can keep us from connecting with others, our loving self, and finding our own peace, joy, and creative power. 8 HABITS OF LOVE will show, through relatable stories, how to create a full, meaningful life by developing simple habits-stillness, truth, forgiveness, compassion, play, candor, generosity, and community-and by asking such important questions as: How do I know I'm living the life I should be?

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8 Habits of Love: Open Your Heart, Open Your Mind. by Ed Bacon. 4.06 avg. rating · 200 Ratings. A spiritual guidebook to

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living life through love and connection, not fear and isolation, by a respected pastor and a frequent guest on Oprah's Soul Series.

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The 8 Habits of Love outlined in this book help us access that core of love and power within each one of us. We Are All Beloved On a Sunday morning some years ago, Ellen introduced herself to me after a worship service.

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8 Habits of Love: Open Your Heart, Open Your Mind, by Ed Bacon, is a book that can help you think about your own life, your place in the world and how you relate to others. The eight habits include practices such as generosity, stillness, play and forgiveness. I found myself reflecting on my own life in all these areas as I read.

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Readers will learn how insecurity can keep us from connecting with others, our loving self, and finding our own peace, joy, and creative power. 8 HABITS OF LOVE will show, through relatable stories, how to create a full, meaningful life by developing simple habits-stillness, truth, forgiveness, compassion, play, candor, generosity, and community-and by asking such important questions as: How do I know I'm living the life I should be?

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play and forgiveness. I found myself reflecting on my own life in all these areas as I read.

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